



Socio-Demographic Factors Influencing Public Servants to Engage in Entrepreneurial Activities in the Mara Region, Tanzania

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ABSTRACT

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Entrepreneurship among public servants in Tanzania's Mara Region is increasingly becoming vital for economic diversification and poverty reduction. This study assessed the socio-demographic factors influencing public servants' engagement in entrepreneurial activities in the Bunda District, utilizing a binary logistic regression model. A cross-sectional design employing mixed methods was used to collect data from 150 public servants using questionnaires and from ward executive officers through in-depth interviews. The study found that more than half (63.3%) of the respondents engaged in entrepreneurial activities. Based on binary logistic regression analysis, significant predictors of engagement in entrepreneurial activities among public servants include male sex ($OR = 2.34, p = 0.010$), married/divorced status ($ORs = 2.46/4.27, p < 0.05$), partner occupation (self-employed $OR = 4.58, p = 0.002$), and information access ($OR = 3.56, p = 0.004$). On the other hand, age, partner education, and social media use were non-significant. The study recommends entrepreneurial training and provision of affordable credit to public servants, particularly women and those in lower-income brackets, to enable them to initiate entrepreneurial ventures.

1. Introduction

Entrepreneurship among public servants is an increasingly vital area of study in developing economies like Tanzania, where economic diversification is an essential for sustainable growth and poverty reduction. In this study, entrepreneurship among public servants is conceptually defined as the process by which formally employed civil servants identify, evaluate, and exploit income-generating opportunities outside their salaried public service roles, typically through starting or running side businesses while retaining their public employment (Ofosu-Appiah et al., 2025; Nyathi et al., 2022). Under globalization, engagement in entrepreneurship or the establishment of small and medium-sized enterprises (SMEs) contributes significantly to the development of the economy and growth by alleviating poverty, increasing job opportunities, individual empowerment, self-reliance, self-efficacy, enhanced income, wealth, self-identity, achievement, community and social engagement, and the ability to help the community (Korosteleva and Stępień-Baig 2020; Kimmitt et al., 2020; Aljarodi et al., 2022; Alshebami and Seraj, 2022). Since entrepreneurship is considered a means of generating revenue and creating wealth, many individuals have embarked on entrepreneurial activities, including those employed in the public

sector. Employed individuals engage in entrepreneurial activities to supplement income, pursue financial independence, or address economic challenges such as stagnant wages and limited career progression (Ofosu-Appiah et al., 2025; Nyathi et al., 2022).

Even though entrepreneurship has been a valuable means of poverty alleviation and wealth creation, studies conducted in Tanzania and Sub-Saharan African countries have revealed that, lack of skills, a lack of relevant experience, limited access to finance to initiate business ideas, high taxes, a lack of government support, bribery and corruption were the main factors prohibiting individuals from becoming entrepreneurs (Kessy, 2020; Mgaiwa, 2021; Ntare and Ojwang, 2021; Ofosu-Appiah et al., 2025).

So, for entrepreneurship to prevail in any country, it requires a favourable environment. Bernatzki et al. (2020) and Ruhara and Kayitana (2018) noted that Rwanda's regulatory reforms simplified business registration, enhancing entrepreneurial activity among individuals, including professionals. In Kenya and Ethiopia, studies reveal that community support, social networks, education, business exposure, land tenure, and access to information or ICT enhance entrepreneurial success (Ali et al., 2019; Imbaya et al., 2019; Tubey et al., 2019;

Kamuri, 2022; Issa and Tesfaye, 2020; Nchake and Shuaibu, 2022). To encourage entrepreneurship and reduce unemployment in Tanzania, the government has launched a national entrepreneurship strategy aimed at fostering self-reliance education among its population, including higher education students (URT, 2017). The National Economic Empowerment Council (2020) noted that Tanzania's entrepreneurship strategy reduced regulatory hurdles, fostering youth entrepreneurship.

Previous studies conducted in Tanzania have primarily focused on the impact of entrepreneurship education and training on students' and graduates' entrepreneurial intentions and behaviours (Nyello et al., 2025; Melyoki et al., 2018; Liana, 2022; Magasi, 2022; Makuya and Changalima, 2024). Additionally, some studies have assessed the entrepreneurial intentions of college and university students (Ntare and Ojwang, 2021). However, there is a notable gap in understanding the factors that influence public servants' engagement in entrepreneurial activities. This study investigated how socio-demographic factors influence public servants' engagement in entrepreneurial activities in the Bunda District of Mara Region. The findings will contribute to the existing body of knowledge on entrepreneurship in developing contexts and will guide policies aimed at fostering inclusive economic growth.

2. Literature Review

2.1. Theoretical Framework:

The study employed the Social Ecological Model (SEM). The Social Ecological Model (SEM), proposed by Bronfenbrenner (1979), provides a comprehensive framework for analyzing the socio-demographic factors influencing public servants' entrepreneurial activities in the Mara region. SEM suggests that interconnected levels shape behaviour: intrapersonal (age, education, gender), interpersonal (social networks, family support), community (cultural norms), and institutional (policies, access to finance). In this study, SEM is particularly relevant since it captures the interplay among personal characteristics, social connections, and systemic factors, such as Tanzania's regulatory environment and financial access challenges, that shape entrepreneurial decisions. The model's multi-level approach is well-suited to understanding the complex motivations of public servants, who balance stable employment with entrepreneurial aspirations in a resource-constrained setting.

2.2. Empirical Review

A study done in Brazil and Portugal by Fragoso et al. (2020) found that men had higher entrepreneurial intention than women. This finding is related to a study by Baluku et al. (2021) conducted in Uganda,

which reported that younger males are more likely to take entrepreneurial risks. These findings align with Campaña et al. (2015), who reported that in Mexico, gender and family responsibilities limit women's participation in entrepreneurship.

Across Sub-Saharan Africa, socio-demographic factors intersect with economic and institutional challenges. Various studies have identified a lack of skills, limited financial access, poor policies, and bureaucratic hurdles as barriers to youth entrepreneurship, restricting entrepreneurial growth (Carter et al., 2015; Leke and Signé, 2019; Nyati, 2025; Tryphone and Mkenda, 2023; Umar et al., 2025). Thus, factors such as access to business training, access to finance, previous entrepreneurial experience, land ownership, government support, access to business information, and tax matters help explain entrepreneurs' performance (Alene, 2020). A study on the assessment of entrepreneurial intention among college students in Tanzania, done by Ntare and Ojwang (2021), maintained that unemployment, poverty, job security, self-enjoyment, interest in the entrepreneurship subject, and being my boss are the motivations that force most of the college students to engage in various forms of entrepreneurship to attain financial stability and improve their wellbeing.

Gaete Quezada et al. (2019) noted that education levels correlate with entrepreneurial innovation in Chile. Furthermore, studies conducted in South Africa and Central Africa found that education and social networks are determinants of entrepreneurial success (Herrington et al., 2019; Mayanja et al., 2021). Thus, education matters for individuals to engage in any entrepreneurial activity.

Magagula and Awodiji (2024) reported that skill-acquisition and access-to-information programs enhance entrepreneurial engagement, suggesting the importance of training and information dissemination. Bernatzki et al. (2022) found that government support and regulatory reform enhance SME growth in South Africa and Rwanda and improve the ease of doing business, thereby encouraging entrepreneurship among professionals.

The existing literature has extensively examined the determinants of entrepreneurship across various global contexts and in localized African countries. Most of these studies focused on the engagement of youth/students, or graduates in entrepreneurship; however, little is known about the factors that influence employed individuals to engage in entrepreneurial activities. This study addresses that gap using SEM to systematically link individual, interpersonal, and community factors among public servants' engagement in entrepreneurial activities in Bunda District, Mara Region.

4. Results

4.1 Demographic Characteristics

The findings in Table 1 show that all respondents were public employees and had a post-secondary

level of education. Of the 150 respondents, 58.7% were male, and 74.7% were married. Respondents were drawn proportionately from education (62%), health (21%), and administration (17%) sectors.

Table 1: Demographic Characteristics

Variable	Categories	Frequency	Percent (%)
Age of respondents	24-30	36	24
	31-37	56	37.3
	38-44	32	21.3
	45-51	15	10
	52-59	11	7.3
	Total	150	100
Sex	Male	88	58.7
	Female	62	41.3
Occupation	Total	150	100
	Public employee	150	100
	Postsecondary education	150	100
Marital status	Married	112	74.7
	Divorced	4	2.7
	Widowed	2	1.3
	Single	32	21.3
Total		150	100.0

4.2. Engagement of public servants in entrepreneurial activities

More than half (63.3%) of the respondents engaged in entrepreneurial activities, indicating a high entrepreneurial prevalence in the study area (Figure

1). Also, public servants' engagement in entrepreneurial activities may be driven by a need to diversify income to attain financial stability and improve their well-being.

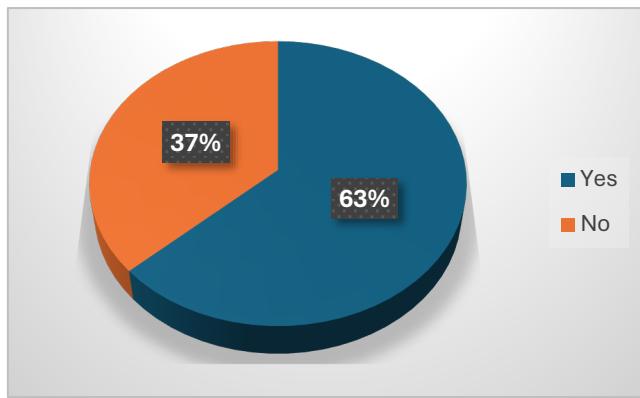


Figure 1: Public servant engagement in entrepreneurial activities in Bunda.

4.3. Entrepreneurial activities

The entrepreneurial activities done by public servants who were interviewed include retail shops (37.3%), livestock keeping (18.7%), money transactions (M-PESA) (18.7%), fruit juice (7.7%), cloth selling (5.4%), food crop selling (4.3%),

tailoring (3%), stationery (3%), agriculture (2.4%) music library (1.8%), rental house (0.6%) and pharmacy (0.6 %) as seen in Figure 2. These findings imply that public servants engaged in different entrepreneurial activities to boost their income

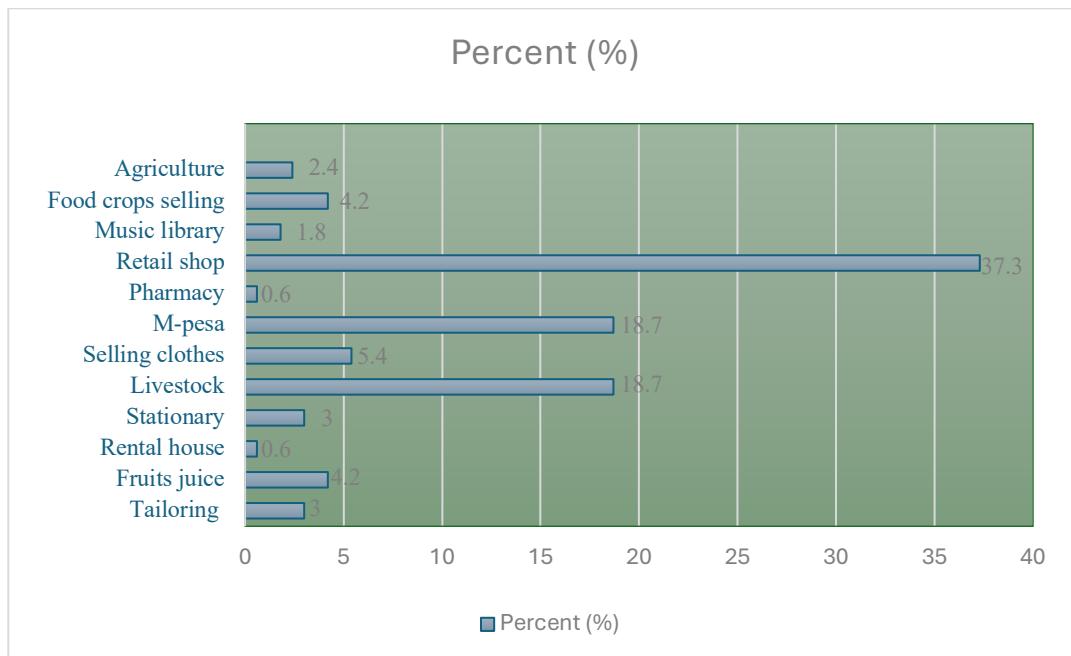


Figure 2: Entrepreneurial activities

During the Key Informant Interview (KII), one of the Ward Executive Officers (WEO) revealed that:

“Unlike past years, nowadays government employees in my area of jurisdiction diversify their income by engaging in different entrepreneurial activities; for example, some have small shops, saloons, and stationery, while many engage in agriculture, including myself.” (KII with WEO)

4.4. Bivariate Analysis

Bivariate analysis using the Chi-Square test was conducted to examine the association between public servants' engagement in entrepreneurial activities. The results reveal that several independent variables were significantly associated with entrepreneurship engagement at the 5% and 1% levels.

The results in Table 2 show that age was found to be significantly associated with entrepreneurship engagement among public servants ($\chi^2 = 1.513$, $p = 0.003$), suggesting that participation in entrepreneurship among public servants varies

across age groups. Also, sex showed a statistically significant association with entrepreneurial engagement ($\chi^2 = 1.263$, $p < 0.00001$), which indicates gender-based differences in entrepreneurial participation among public servants. Furthermore, partner occupation showed a statistically significant association with entrepreneurship engagement ($\chi^2 = 5.348$, $p = 0.008$). Similarly, access to information demonstrated a statistically significant association with entrepreneurial engagement among public servants ($\chi^2 = 2.637$, $p < 0.00001$). This highlights the availability of information in shaping entrepreneurial decisions.

On the other hand, social media use ($\chi^2 = 0.155$, $p = 0.694$) and marital status ($\chi^2 = 2.185$, $p = 0.535$) were not significantly associated with entrepreneurial engagement among public servants. Variables that showed a statistically significant association at the bivariate level were considered for inclusion in the logistic analysis to assess their independent effects.

Table 2: Cross Tabulation and Chi-Square Between Socio-Demographic Factors and Public Employees' Engagement in Entrepreneurial Activities

Variable	Categories	Engage in Entrepreneurship		Chi-Square	p-value
		Yes (%)	No (%)		
Age group (Years)	24-30	20 (55.6)	16 (44.4)	1.513	0.003
	31-37	38 (67.9)	18 (32.1)		
	38-44	20 (62.5)	12 (37.5)		
	45-51	10 (66.7)	5 (33.3)		
	52-59	7 (63.6)	4 (36.4)		

Variable	Categories	Engage in Entrepreneurship	Chi-Square	p-value
		4 (36.4)		
Sex	Male	59 (67) 29 (33)	1.263	0.000
	Female	36 (58.1) 26 (41.9)		
Marital status	Married	74 (66.1) 38 (33.9)	2.185	0.535
	Divorced	3 (75) 1 (25)		
	Widowed	1 (50) 1 (50)		
	Single	17 (53.1) 15 (46.9)		
Partner education level	Never attended to school	2 (66.7) 1 (33.3)	0.452	0.929
	Primary school	7 (70) 3 (30)		
	Secondary school	47 (61) 30 (39)		
Partner occupation	Not employed	12 (50) 12 (50)	5.348	0.008
	Public employee	43 (61.4) 27 (38.6)		
	Private sector employed	3 (42.9) 4 (57.1)		
	Self-employed	53 (73.9) 12 (26.1)		
Information	Yes	90 (65.2) 48 (34.8)	2.637	0.000
	No	5 (41.7) 7 (58.3)		
Use social media	Yes	94 (63.5) 54 (36.5)	0.155	0.694
	No	1 (50) 1 (50)		

4.5. Analysis of Binary Logistic Regression

A binary logistic regression model was estimated to examine the effect and contribution of individual variables on engagement in entrepreneurial activities among public servants. Association between socio-demographic factors and public servants' engagement in entrepreneurial activities (with categories of dependent variable: yes = 1, no = 0), while simultaneously controlling for all predictors included in the model (Table 3). The overall model was statistically significant, indicating that the set of explanatory variables reliably distinguishes between public servants who engage in intrapreneurial activities and those who do not. The statistically significant constant term ($\beta = -2.20$, $p = 0.002$) represents the baseline log-odds of entrepreneurial engagement when all predictor variables are held at their reference categories.

With respect to gender, sex emerged as a significant predictor of entrepreneurial engagement. Male public servants had significantly higher odds of engaging in entrepreneurial activities compared to their female counterparts ($\beta = 0.85$, $SE = 0.33$, $Wald = 6.61$, $p = 0.010$). The odds ratio (OR = 2.34, 95%

CI: 1.22–4.48) indicates that males were more than twice as likely to participate in entrepreneurial activities. These findings suggest the preference for gender-based disparities, which can reflect differences in access to resources, social expectations, or willingness to assume financial risk. Marital Status was also significantly associated with entrepreneurial activities. Married public servants were found to have higher odds of engaging in entrepreneurship activities compared to single individuals ($\beta = 0.90$, $SE = 0.37$, $Wald = 5.91$, $p = 0.015$), with an odds ratio of 2.46 (OR = 2.46, 95% CI: 1.19–5.09). This indicates that married public servants are 2.46 times more likely to engage in entrepreneurial activities compared to single individuals. Furthermore, divorced individuals exhibit an even stronger association, with significantly higher odds of entrepreneurship engagement compared to single respondents ($\beta = 1.45$, $SE = 0.70$, $Wald = 4.29$, $p = 0.038$, OR = 4.27, 95% CI: 1.08–16.88). This suggests that changes in household structure or economic independence following divorce can increase the likelihood of entrepreneurial involvement among public servants.

Partner-related characteristics were also important determinants of entrepreneurial engagement. Public servants whose partners were employed in the public sector had significantly higher odds of engaging in entrepreneurial activities compared to those whose partners were unemployed ($\beta = 0.88$, $SE = 0.40$, $\text{Wald} = 4.84$, $p = 0.028$, $OR = 2.41$, 95% CI: 1.10–5.26). This finding can reflect the stabilizing effect of dual and predictable household income, which reduces financial risk and encourages entrepreneurial experimentation. Even stronger effects were observed for respondents whose partners were self-employed. Having a self-employed partner significantly increased the odds of entrepreneurial engagement among public servants by more than four times ($\beta = 1.52$, $SE = 0.49$, $\text{Wald} = 9.61$, $p = 0.002$, $OR = 4.58$, 95% CI = 1.75–11.97). This highlights the role of shared entrepreneurial

culture, exposure to business networks, and informal knowledge transfer within households.

Access to information was another key predictor of entrepreneurship engagement. Public servants with access to relevant information were significantly more likely to engage in entrepreneurial activities than those without such access ($\beta = 1.27$, $SE = 0.44$, $\text{Wald} = 8.34$, $p = 0.004$). The estimated odds ratio ($OR = 3.56$, 95% CI: 1.51–8.38) indicates that information access more than triple the likelihood of entrepreneurial participation. This underscores the critical role of information in reducing uncertainty, identifying opportunities, and facilitating decision-making in entrepreneurial processes. Access to information significantly increases the odds of entrepreneurial engagement by 3.56 times, indicating its critical role in facilitating entrepreneurial activities.

Table 3: Binary Logistic Regression Model Between the Socio-Demographic Factors and Public Employees' Engagement in Entrepreneurship

Variable	Category	β	Std. Error	Wald	p-value	Odds Ratio (Exp(β))	95% CI for OR
Age group	24–30 (Ref)	—	—	—	—	—	—
	31–37	0.48	0.45	1.14	0.286	1.62	0.67–3.94
	38–44	0.39	0.49	0.64	0.424	1.48	0.56–3.91
	45–51	0.55	0.62	0.78	0.376	1.73	0.51–5.84
	52–59	0.61	0.7	0.75	0.388	1.84	0.47–7.20
Sex	Ref: Female	—	—	—	—	—	—
	Male	0.85	0.33	6.61	0.01	2.34	1.22–4.48
	Ref: (Single)	—	—	—	—	—	—
Marital status	Married	0.9	0.37	5.91	0.015	2.46	1.19–5.09
	Divorced	1.45	0.7	4.29	0.038	4.27	1.08–16.88
	Widowed	0.65	0.66	0.97	0.324	1.91	0.55–6.65
Partner education level	Never attended (Ref)	—	—	—	—	—	—
	Primary	0.4	0.72	0.31	0.578	1.49	0.36–6.11
	Secondary	0.28	0.61	0.21	0.649	1.32	0.40–4.40
	Tertiary	0.57	0.63	0.82	0.364	1.76	0.52–5.91
	Not employed (Ref)	—	—	—	—	—	—
Partner occupation	Public employee	0.88	0.4	4.84	0.028	2.41	1.10–5.26
	Private sector	0.32	0.58	0.3	0.583	1.38	0.44–4.29
	Self-employed	1.52	0.49	9.61	0.002	4.58	1.75–11.97
Information access	No	—	—	—	—	—	—
	Yes	1.27	0.44	8.34	0.004	3.56	1.51–8.38
Use of social media	No	—	—	—	—	—	—
	Yes	0.22	0.59	0.14	0.709	1.25	0.39–4.06
Constant	—	-2.2	0.71	9.54	0.002	—	—

4.6. Discussion

The findings of this study demonstrate that gender plays a significant role in shaping entrepreneurial engagement among public servants. Male public servants were found to have significantly higher odds of engaging in entrepreneurial activities compared to their female counterparts (OR = 2.34, p = 0.010). This pattern reflects prevailing socio-cultural norms in the Mara region, where men are often socialized to assume financial risks and are more likely to have control over productive resources, such as capital, land, and business networks. These findings are consistent with empirical evidence from Zimbabwe, Nigeria, and Kenya, where Mashapure et al. (2023), Olu-Owolabi et al. (2020), and Lemma et al. (2023) similarly reported higher entrepreneurial engagement among men. Collectively, these results suggest that gender-based inequalities and sociocultural norms remain persistent for women in engaging in entrepreneurship activities among formally employed public servants.

The study revealed that married (OR = 2.46, p = 0.015) and divorced (OR = 4.27, p = 0.038) public servants were significantly more likely to engage in entrepreneurial activities than single individuals. For married public servants, these effects can be driven by increased households' financial responsibilities, such as children care, education, and housing costs, which motivate income diversification through entrepreneurship. On the other hand, divorced individuals can pursue entrepreneurial activities as a strategy for economic independence and financial security following changes in household structure. These results are consistent with findings from Nigeria, Kenya, and South Africa, where Obi (2021), Sydow et al. (2022), and Bobek et al. (2023) reported that marital transition influences entrepreneurial behavior through economic pressures and autonomy-seeking motivations. The stronger effects observed among divorced individuals in this study further underscore the role of entrepreneurship as a scoping and adaptation mechanism in response to life course disruption.

The study revealed that public servants with partners who are public employees (OR = 2.41, p = 0.028) or self-employed (OR = 4.58, p = 0.002) have higher odds of entrepreneurial engagement. These results align with studies conducted in Zimbabwe and Ghana, which revealed that partners in stable or entrepreneurial roles provide financial or experiential support (Sibanda et al., 2018; Orkoh et al., 2021). Similarly, Balintongog and Montecillo (2025) revealed that strong social support or approval from close family, friends, and colleagues influences engagement in entrepreneurial activities.

Together, these findings reinforce the importance of interpersonal and household dynamics in shaping entrepreneurial behavior.

Access to information (OR = 3.56, p = 0.004) significantly increases entrepreneurial engagement among public servants in Bunda. Information includes market trends, training opportunities, access to loans/credits, and the goods in demand in the study area. This study agrees with the studies conducted in Ghana, Kenya, and South Africa by Agyapong et al. (2024), Omoga et al. (2025), and Van Niekerk et al. (2024), which collectively found that information influences engagement in entrepreneurial ventures.

Using SEM, the findings show that intrapersonal factors, such as sex and interpersonal factors (marital status, partner occupation), strongly shape entrepreneurial engagement, whereas community-level social media use was not significant because public servants prefer traditional networks. The gender effect aligns with cultural norms that restrict women's mobility and risk-taking in the Mara Region. The non-significance of age and education suggests that, among already employed public servants with relatively homogeneous education, these factors lose predictive power.

5. Conclusion

This study assessed socio-demographic factors influencing public servants' engagement in entrepreneurship in Bunda District, Mara Region. The study concludes that more than half of the interviewed public servants (respondents) engaged in entrepreneurial activities. Factors which significantly influenced public servants' engagement in entrepreneurial activities include sex (males OR = 2.34), marital status (married/divorced ORs = 2.46/4.27), partner occupation (self-employed OR = 4.58), and information access (OR = 3.56). Age and education were the factors that were not significant. Thus, fostering equitable access to financial resources can transform public servants into economic catalysts in Bunda district in Mara.

6. Recommendations

Bunda District Council should design and implement entrepreneurial training programmes to impart entrepreneurial competencies and foster behavioural change among public servants. Such training will enable them to launch entrepreneurial ventures that will help them achieve financial stability.

Bunda District Council, in collaboration with financial institutions, should facilitate access to affordable credit to enable them to initiate entrepreneurial ventures. This will empower public servants to act as important economic catalysts,

contributing to local economic development and livelihood diversification in Mara region.

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